



BREAKFAST MENU (ALL DAY)

Vegetarian Contains Peanuts Featured Image

POUTINE YOUR HASHBROWNS ~~\$4.99~~

BAGELS

Plain, Whole Wheat, Multi Grain, Loaded, Sesame, Cinnamon & more. Ask your server for Selection!

- \$3.50 each:
- ...Add **Cheeze Whiz** **\$1.25**
- ...Add **Cream Cheese** **\$2.25**
- ...Add **Hummus** **\$2.25**

MOLASSES BAKED BEANS

- Add a 1/2 order for \$3.99
- Baked Beans** **\$8.99**
- Beans & Spuds** **\$9.99**
- Beans & Bacon or Bologna** **\$10.99**
- Beans & Bangers** **\$10.99**

BOATS OF OATS

- Served with Toast or a Bagel
- Oatmeal** **\$8.99**
- Banana Oatmeal** **\$9.99**
- Apple Cinnamon** **\$9.99**
- Bacon Oatmeal** **\$9.99**
- Fieldberry Oatmeal** **\$9.99**

PANCAKES

- Served with Sausage, Bacon or Ham
- Pancakes** **\$14.99**
- Chocolate Chip Pancakes** **\$15.99**
- Wild Blueberry Pancakes** **\$15.99**

BACK TO THE BAY TOUTONS

- 1 Touton with Molasses** **\$11.99**
- 2 Toutons with Molasses** **\$16.99**
- Townie Touton:** Topped with Baked Beans, Egg & Bacon **\$19.99**
- NL Steak Touton:** Bologna, Baked Beans, Bacon & Egg **\$20.99**
- Harbour Main Touton:** Deep Fried Cod, Egg, Hollandaise, Smoked Salmon **\$20.99**
- Touton Breakfast Sandwich:** Bacon or Bologna, Egg & Cheese with Hash Browns **\$20.99**
- Cape Spear Touton:** Beans, Fishcake, Egg & Bacon **\$21.99**
- Petty Harbour Touton:** Crabcake, Beans & Egg served with Hollandaise Sauce, topped with Green Onion **\$22.95**

TRADITIONAL EGG-IN-THE-HOLE

- Served with Hash Browns
- Egg in the Hole** **\$18.99**
- Egg in the Hole with Bacon, Sausage or Ham** **\$19.99**

FRENCH TOAST

- Served with Hash Browns & Sausage or Fresh Fruit
- Home Style** **\$19.99**
- Blueberry** **\$19.99**
- Wild Berry** **\$20.99**
- Banana** **\$20.99**
- Strawberry Banana** **\$21.99**
- Apple Walnut** **\$21.99**

BREAKFAST SLAMMERS

- Served with Hash Browns
- ...Upgrade pancake for \$1.99
- Slam Bang:** Pancake, 2 Eggs & Sausage **\$21.99**
- Basic Slammer:** Pancake, 2 Eggs & Bacon **\$21.99**
- Slam Dunk:** Pancake, 2 Eggs, Bacon & Beans **\$22.99**
- Monster Slam:** Pancake, 2 Eggs, Bacon, Ham & Sausage **\$23.99**

BELGIAN WAFFLES

- Served with Sausage, Bacon or Ham
- ...Add Hash Browns \$2.99 ...Add Side of Eggs \$2.99
- Plain** **\$17.99**
- Blueberry** **\$18.99**
- Strawberry Banana** **\$18.99**
- Strawberry Apple** **\$18.99**
- Mixed Berry Banana** **\$18.99**
- Sweet Apple Berry** **\$18.99**

ON THE SIDE

- Gravy **\$2.50** Hollandaise **\$4.99**
- Toast **\$3.59** Hash Browns **\$8.99**
- Fries **\$6.99** Fish Cakes **\$9.99**
- Fresh Fruit **\$12.49** Breakfast Meats **\$4.99**
- Dressing **\$2.50** French Toast **\$6.99**



BIG HARDY BREAKFAST

- Perogies:** Eggs, Sour Cream, Bacon, Peppers, Onion & Toast **\$24.99**
- The Weekender:** Eggs, Bacon, Sausage, Toast & Hash Browns **\$24.99**
- Sunrise:** 2 French Toast, Sausage, Scrambled Eggs & Hash Browns **\$24.99**
- Fried Calamari:** Cocktail Sauce, Egg, Hash Browns & Toast **\$24.99**
- Harbourside:** Golden Battered Cod with Eggs, Hash Browns & Toast **\$24.99**
- Big Breakfast:** 3 Eggs, 8 Bacon, 3 Slices of Toast & Hash Browns **\$24.99**
- Cabot Tower:** Fish Cake with Beans, Eggs, Hash Browns & Toast **\$24.99**
- Old Favorite:** Fish Cakes, Bacon, Bologna, Eggs, Hash Browns & Toast **\$25.99**
- Canadian Breakfast:** Sausage, Ham, Bacon, Eggs, Hash Browns & Toast **\$27.99**
- Steak & Eggs:** 8 oz. Sirloin with Hash Browns & Toast **\$32.99**

GRILLED CHEESE

- Served with Hash Browns
- Grilled Cheese** **\$12.99**
- Grilled Cheese with Tomato** **\$16.99**
- Grilled Cheese with Bacon** **\$16.99**
- Grilled Cheese with Smoked Ham** **\$16.99**
- Smoked Salmon** **\$18.99**

Try our delicious Cape Spear Touton!

No doubtin' I'm havin' a touton!



BAGELS BENEDICTS

- Served with Hash Browns
- Grilled Tomato Benedict** **\$19.99**
- Bacon Perogie & Roasted Pepper Benedict** **\$22.99**
- Grilled Cheese & Bacon Benedict** **\$23.99**
- Sausage Bagel Benedict** **\$23.99**
- Touton Benedict** **\$23.99**
- Mushroom & Swiss Cheese Benedict** **\$23.99**
- Turkey Bacon Benedict** **\$23.99**
- Traditional Bagel Benedict** **\$23.99**
- Vegetarian Bruschetta Benedict** **\$23.99**
- Bacon Florentine Bagel Benedict** **\$23.99**
- Smoked Salmon Benedict** **\$24.99**
- Newfoundland Benedict:** Two Fish Cakes topped with Smoked Salmon, two Poached Eggs & Hollandaise Sauce **\$24.99**
- Up The Shore:** Two Crab Cakes topped with Poached Eggs, Hollandaise Sauce, and Smoked Salmon **\$27.99**

BAGEL BREAKFAST SANDWICHES

- Served with Hash Browns
- Tomato, Onion, Egg & Cheese** **\$16.99**
- Maple Leaf Bologna with Egg & Cheese** **\$16.99**
- Bacon, Ham or Sausage with Egg & Cheese** **\$16.99**
- Bacon, Tomato, Egg & Swiss Cheese** **\$17.99**
- Tomato, Bacon, Ham, Egg & Cheese** **\$18.99**
- Sun-dried Tomato Cream Cheese with Egg, Bacon, Lettuce & Cheddar Cheese** **\$18.99**
- American Chicken & Waffles** **\$18.99**
- Smoked Salmon with Red Onion, Tomato, Egg & Swiss Cheese** **\$19.99**

OMELETTES

- Served with Hash Browns & Toast
- Add a Breakfast Meat** **\$4.99**
- Add Chicken** **\$5.50**
- Other Additions** **\$3.00**
- Just Egg Whites** **\$4.00**
- Mushroom & Cheese Omelette** **\$20.99**
- Sausage & Cheese Omelette** **\$20.99**
- Ham & Cheese Omelette** **\$20.99**
- Smokey Bacon & Cheese Omelette** **\$20.99**
- Spanish Omelette:** Onion, Salsa, Peppers & Cheese **\$21.99**
- Greek Omelette:** Tomato, Onion, Feta Cheese, Peppers & Olives **\$21.99**
- Vegetarian Omelette:** Feta, Onion, Spinach & Peppers **\$21.99**
- Canadian Omelette:** Cheese, Bacon & Ham **\$23.99**
- Chicken, Mushroom & Cheese Omelette** **\$23.99**
- Chicken Bruschetta Omelette** **\$23.99**
- Smoked Salmon & Swiss with Onions Omelette** **\$24.99**

OPEN-FACED OMELETTES

- Add a Breakfast Meat** **\$4.99**
- Add Chicken** **\$4.50**
- Other Additions** **\$3.25**
- Just Egg Whites** **\$4.00**
- St. Louis:** Peppers, Tomato & Cheese **\$19.99**
- South Western:** Smokey Bacon with Cheddar baked on top **\$20.99**
- Mushroom & Spinach Melt:** topped with Cheese **\$21.99**
- Vegetarian:** Fresh Garden Vegetables topped with Cheese **\$21.99**
- Greek Nest:** Peppers, Black Olives, Tomato, Onion & Feta **\$21.99**
- Jambalaya:** Sausage with Hot Peppers & Cheese **\$21.99**
- East Coast:** Smokey Bacon with Ham & Cheddar Cheese **\$21.99**
- Chicken, Bacon & Swiss:** Grilled Chicken with Smokey Bacon & Swiss Cheese .. **\$21.99**

MEXICAN QUESADILLA

- Served with Eggs, Hash Browns & Salsa
- The Smokey Cantina:** A fiesta of Bacon, Cheddar Cheese & Peppers **\$20.99**
- The Sausage Burro:** Salsa, Spicy Sausage, Peppers & Cheese **\$20.99**
- Red Casa:** Smoky Bacon, Tomatoes, Red Onion & Cheese **\$20.99**
- Vegetarian Oasis:** Mixed Garden Vegetables & Cheese **\$21.99**
- Bacon & Roasted Pepper Florentine:** Spinach, Oven Roasted Peppers, Bacon & Cheese **\$21.99**
- The Chicken Rosetta:** Roasted Chicken, Spinach, Feta & Salsa **\$21.99**
- Santa Maria:** Grilled Chicken with Smokey Bacon, Mushrooms & Cheese .. **\$21.99**

POTATO BAKES

- Made with savoury diced Hash Browns, served with Sour Cream
- Add Egg on Top **\$3.00**
- Mediterranean Potato Bake:** Plum Tomatoes, Chopped Onions & Tangy Cheese **\$19.99**
- Mexican Potato Bake:** House Salsa, Peppers, Onions & Cheese **\$20.99**
- Vegetarian Potato Bake:** Blend of Fresh Vegetables Topped with Mixed Cheese **\$20.99**
- Boston Potato Bake:** Topped with Mushrooms, Peppers, Cheese & Bacon ... **\$20.99**
- Quarter Deck Potato Bake:** Spicy Chopped Sausage, Peppers & Cheese **\$20.99**
- Vine Street Potato Bake:** Leafy Spinach, Bacon, Mushroom & Cheese **\$20.99**
- Tomato, Olive & Feta Bake:** Sweet Peppers, Onions, Tomatoes, Black Olives & Feta Cheese **\$20.99**
- Pot Sticker Potato Bake:** Peppers, Ham, Mushrooms & Swiss Cheese **\$21.99**



**VOTED BEST
BREAKFAST**
★★★★★



*Rise & Shine,
Anytime!*

HEALTHY LIGHT START

All yogurt is Greek and topped with granola

- Banana Sliced in Yogurt** **\$10.99**
 - Blueberry Yogurt** **\$10.99**
 - Strawberries in Yogurt** **\$10.99**
 - Strawberries & Banana in Yogurt** **\$11.99**
 - Yogurt & Bagel** **\$12.99**
 - Poached Eggs, Bagel & Fresh Fruit** **\$21.99**
- ...Add a small Greek Yogurt to any breakfast \$2.00

BREAKFAST CLASSICS

- Breakfast Classic:** Choice of Bacon, Sausage, Ham or Bologna served with Eggs, Toast & Hash Browns **\$20.99**
- Fish & Brewis:** topped with an Egg **\$21.99**
- Fish Cakes:** served with Eggs, Toast & Hash Browns **\$22.99**
- Turkey Bacon:** (low fat) with Eggs, Toast & Hashbrowns .. **\$22.99**
- Crab Cakes:** served with Eggs, Toast & Hash Browns **\$24.99**

BREAKFAST CRÊPES

- with Whipped Cream*
- Blueberry Crêpe** **\$13.99**
 - Mixed Berry Crêpe** **\$13.99**
 - Fresh Fruit Crêpe:** served with Strawberry, Banana, Apple, Yogurt & Granola **\$14.99**

LUNCHTIME MENU

SOUPS & SALADS

- Soup of the Day** served with baguette .. **\$9.95**
- ...with Bagel **\$10.95** ...with Salad **\$12.95**
- ...add Chicken **\$3.00**
- French Onion Soup:** Beef Broth & Croutons Smothered with Cheese 📷 **\$12.95**
- ...with Caesar Salad **\$15.99**
- Tossed Salad:** A Vegetable Blend tossed with Romaine Lettuce **\$12.99**
- (½ Order: **\$7.99**)
- Caesar Salad:** Romaine, Bacon, Croutons & House Dressing **\$13.99**
- (½ Order: **\$7.99**)
- Greek Salad:** Romaine, Feta, Tomato, Red Onion & Black Olives **\$13.99**
- (1/2 Order: **\$7.99**)
- Seafood Chowder:** A Medley of Fresh Seafood served with baguette **\$15.95**

BAGEL SANDWICHES

Served with Pasta Salad

- Cream Cheese & Bruschetta** 🌿 **\$12.99**
- Chicken Coop:** Breaded Chicken Breast, Mayo, Lettuce & Tomato **\$16.99**
- Cape Cod:** Battered Cod topped with Homemade Tartar Sauce & Coleslaw .. **\$16.99**
- Vegetarian Bagel:** Hummus, Onion, Lettuce & Tomato 🌿 **\$17.99**
- B.L.T.:** Bacon, Mayo, Lettuce & Tomato .. **\$17.99**
- New Jersey:** Roast Turkey, Mayo, Lettuce & Tomato **\$17.99**
- B.L.T.C.:** Bacon, Cheddar Cheese, Mayo, Lettuce & Tomato **\$18.99**
- B.L.T & Swiss:** Smoky Bacon, Swiss Cheese, Mayo, Lettuce & Tomato **\$18.99**
- Little Caesar:** Breaded Chicken Breast, Fried Onions, Cream Cheese, Lettuce & Tomato **\$18.99**
- Turkey Bacon Swiss:** Roasted Turkey, Smokey Bacon, Cheese, Mayo, Lettuce & Tomato **\$18.99**
- Canadian Chicken:** Breaded Chicken, Smokey Bacon, Cheddar Cheese, Mayo, Lettuce & Tomato **\$18.99**
- Cordon Bleu:** Breaded Chicken, Ham, Swiss Cheese, Mayo, Lettuce & Tomato **\$18.99**
- Bruschetta Chicken Parmesan:** with Lettuce & Mayo **\$19.99**
- California Bagel:** Breaded Chicken, Sun-dried Tomato Cream Cheese, Cucumber, Lettuce & Tomato **\$19.99**
- Chicken Florentine:** Breaded Chicken, Cream Cheese, Spinach, Bacon & Tomato **\$19.99**
- Chicken Devine:** Breaded Chicken, Mushrooms, Cheese, Cream Cheese, Lettuce & Tomato **\$19.99**
- West Philly:** Breaded Chicken, Bacon, Lettuce, Tomato & Poppy Seed Cream Cheese **\$19.99**
- Jersey Club:** Roast Turkey, Bacon, Cheese, Mayo, Lettuce & Tomato **\$19.99**
- Bay of Fundy:** Smoked Salmon, Cucumber, Onion, Cream Cheese, Lettuce & Tomato **\$22.99**
- Smoked Applewood:** Breaded Chicken, Sun-dried Tomato Cream Cheese, Smoked Salmon, Apple, Lettuce & Tomato **\$23.99**

COUNTRY MARKET SANDWICHES

Served with Fries & Coleslaw

- Fresh Grilled Chicken:** 6 oz. Chicken Breast, Lettuce, Tomato & Mayo **\$20.99**
- Chicken B.L.T.:** Chicken Breast, Smoky Bacon, Lettuce, Tomato & Mayo **\$21.99**
- Hum Zinger:** Breast of Chicken, Hummus, Lettuce, Tomato & Sweet Onion **\$21.99**
- Salsa Sunset:** 6 oz. Chicken Breast, Grilled Tomato, Lettuce, Salsa & Cheese **\$21.99**
- Chicken Club:** Tender Breast of Chicken, Bacon, Lettuce, Tomato, Cheese & Mayo **\$22.99**
- Philly Crunch:** Chicken Fingers, Cream Cheese, Bacon, Onion, Tomato & Lettuce **\$22.99**

GOURMET BURGERS

Served with Home Fries or Salad

- ½ Pounder:** Fresh Ground Beef **\$18.99**
- Nuthouse:** House Favourite, topped with Peanut Butter and Bacon 📷 **\$19.99**
- Bacon Bruschetta Burger** **\$19.99**
- Texas Broiler:** House Burger topped with Cheese & Bacon **\$20.99**
- NFLD Burger:** House Burger topped with Bologna and Molasses Baked Beans 📷 **\$20.99**
- Philly Broiler:** Bacon, Cheese, Mushrooms & Onions **\$21.99**

VEGGIE BURGERS

Served with Home Fries or Salad

- Garden Patch:** Veggie Burger & Hummus Spread 🌿 **\$20.99**
- Morning Star:** Black Bean Burger served with Lettuce, Tomato, Onion & a Sunny Side Up Egg on top 🌿 **\$20.99**
- South Beach Burger:** Black Bean Burger served with Lettuce, Tomato, Cucumber, Sun-dried Tomato & Cream Cheese 🌿 **\$20.99**

CAFÉ FAVORITES

- Stuffed Potato Skins** With Cheese and Bacon **\$11.95**
- Steak Cut Onion Rings** served with Sour Cream **\$15.99**
- Zinger Wings** served with Sour Cream **\$16.99**
- ...with Fries \$17.99 ...with Onion Rings \$18.99
- Café Nachos:** Corn Chips piled high with Peppers, Onions, Tomato, Cheese & Salsa **\$20.99**
- ...Add chicken \$3.00
- Calamari Rings and Side** **\$21.99**
- Chicken Fingers** served with Home Fries **\$21.99**
- Hot Turkey Sandwich** served with Dressing & Home Fries **\$21.99**
- Beer Battered Fish and chips** with 1892 beer **\$24.99**

TAKE 2 CORONA

2 Bottles of Corona served with ...

- Garlic Steamed Mussels** **\$23.99**
- Hot Zinger Wings** **\$25.99**

